



# TALYALA EMU OIL



## How to use emu oil for dry skin

If you suffer from dry, itchy, flaky skin, emu oil could be your saving grace. This natural, deeply nourishing oil is ideal for hydrating, soothing and protecting dry skin, leaving you with a healthy and radiant glow.

### How does it work?

Using emu oil for dry skin is a great option. The composition of this nutrient-rich oil is nearly 100 per cent triglyceride lipid, which is almost identical to the make-up our own skin, allowing it to absorb quickly and deeply through the dermal layers to help restore healthy skin function.

With its incredible penetrative qualities, emu oil sinks far down into the epidermis to deliver its moisturising goodness where your skin needs it most.

It contains potent antioxidants such as vitamins A and E, which are both associated with skin healing, and omega fatty acids that are anti-inflammatory and hydrating. Emu oil's terpenes have antiseptic properties and its sapogens are softening. Thanks to these properties, emu oil is equipped to nourish your skin from within, protect it from environmental damage, soothe irritation and even smooth fine lines and wrinkles.

Need another reason to choose emu oil for dry skin? Using it regularly on dry, cracked areas can help protect your skin from further damage by providing a protective barrier.

### Will it irritate my skin?

Rest assured, pure emu oil is safe to use on sensitive skin. It's non-toxic, chemical free and non-comedogenic, meaning it won't clog pores. Instead, it will help to soothe irritation with its anti-inflammatory action, soften rough, dry patches with its natural fatty acids and restore your skin's normal barrier function.

If your skin is sensitive, it's important that you choose pure emu oil from a reputable business such as Talyala to

ensure the oil is fresh, high quality and hasn't been diluted with other cheaper oils or combined with fragrances. All emu oil claiming to be 100% pure emu oil should have an AUSTL Number on the label – this tells you that the pure emu oil product you're buying is listed with the Therapeutic Goods Administration in Australia.

### How should I use it?

If you'd like to treat dry skin on your face, try an emu oil-enriched moisturiser morning and night, as well as a few drops of pure emu oil as a powerful night-time serum. You can also use our hydrating body cream or emu massage oil for dry skin all over your body – just massage the a small amount into your skin as required. For a relaxing and skin-nourishing treat, add a few drops of the oil to a bath or foot soak.

Taking emu oil capsules can help to prevent inflammation in the body, therefore treating the cause of the problem rather than just the symptoms.

We suggest 1 -3 capsules, 3 times a day. Start on the smaller dose of 3 capsules daily, and if you don't feel improvement move up to 6 or 9 total per day - even customers with the most severe symptoms report a difference taking 9 capsules a day, but you probably won't need this many.

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